

Kayle Skorupski, MS, RDN-AP, CSG, CNSC, FAND Assistant Professor of Practice

University of Arizona – Nutritional Sciences Department

Contributing author:

Chapter 4: "Nutrition Communicators Access Scientific Research" Chapter 20: "Engage Audiences with Participation Strategies"

Kayle Skorupski is a proud University of Arizona graduate, holding two Bachelor of Science degrees in Animal Science and Nutritional Sciences. She obtained her Master of Science and completed her dietetic internship through the State University of New York at Oneonta. She is currently working on a PhD in Health Promotion and Wellness through Rocky Mountain University of Health Professions. Kayle became a registered dietitian nutritionist (RDN) in 2009 and has worked in many settings as a clinical dietitian including acute care, intensive care, critical access hospitals, skilled nursing facilities and long term acute care facilities. She also has experience working as an outpatient dietitian, as well as a food service director. Kayle was one of the first 22 dietitians to earn the advanced practice certification in clinical nutrition (RDN-AP) and also holds certification in nutrition support (CNSC) and geriatric nutrition (CSG). Kayle was honored as a Fellow of the Academy of Nutrition and Dietetics in 2019. Kayle has been working as an Assistant Professor of Practice in the Nutritional Science Department in the College of Agriculture and Life Sciences at the University of Arizona since 2015. Her experiences teaching in the classroom as well as inspiration from fellow faculty members in her Faculty Learning Communities inspired her work on Chapter 20, "Engaging Audiences with Participation Strategies." Her graduate course work and teaching of graduate students guided her work on Chapter 4, "Effective Nutrition Communicators Can Access Scientific Research." She greatly enjoyed working on this needed text and looks forward to utilizing as a resource in her teaching practice.

What led you to contribute your time and expertise to writing Communicating Nutrition?

My desire to impart all the knowledge I have learned from my fellow faculty in the Faculty Learning Communities held at the University of Arizona lead me to contribute my time and expertise to writing *Communicating Nutrition*. In the five years that I have been a full time faculty member, I have learned so many wonderful things from so many colleagues across campus. I wanted to share as much as I could with other nutrition educators and communicators.

Connect with Kayle:

Website: https://nutrition.cals.arizona.edu/person/kayle-skorupski-ms-rdn-ap-csg-cnsc

Email: kayleskorupski@email.arizona.edu

LinkedIn: https://www.linkedin.com/in/kayleskorupski/

Twitter: @KSkorupskiRD