

Favorite assignments and Online Tools

- Group assignment related to food sourcing. Students come up with an imaginary family of four with at least one having a medical/nutrition issue related to food. Group comes up with a one day menu and then prices the ingredients at four types of food stores including convenience store, traditional grocery, higher end market, etc. Students report on comparisons in prices and food availability.
- Students create a media kit for a current RDN who doesn't currently have one, using Canva.
- Interns create an educational handout during orientation. Group discussed benefits of revising the handout later after getting to know the target audience and best practices of writing and design.
- Nutrition Ed and Counseling class partners with football team and creates educational materials.
- Community class has 4 debates on different current controversial topics. All students prepare to defend both sides and on the day of the debates are randomly assigned to support one side or the other.
- Case study assignment on social determinants of health featuring a low-income patient/family. Also have students see if they could live off SNAP benefits and whether they could live on a special diet for several days.
- Social media assignment to practice professional communication. Students join a group (Tik Tok, Instagram, Twitter...) and develop a best practices document.
- Evaluating a current documentary was discussed on Monday and a similar assignment was shared on Wednesday with an effective approach...
- "Two Truths and a Lie" – students evaluate a documentary, a blog, an online article, etc. and identify two truths and one lie and provide research evidence to support their conclusions. Conversely can identify two lies and one truth.
- Creating assignments to be used in real life situations was agreed to be a goal.
- Videos created by students for use with real audiences such as through a food pantry or extension audience.

Several online teaching tools:

- Tools successfully used for group annotation were shared: Perusall and Hypothes.is.
- Tool successfully used for students giving video responses for discussion purposes: Flipgrid
- An effective tool for students to collaborate and share ideas and information was www.padlet.com which has a free version.