

Kerry's Story

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I am a Registered Dietitian at the Corporate Headquarters of Fresh Thyme Farmers Markets. As a nutrition communicator I have delivered numerous corporate seminars, virtual webinars and multiple live media interviews with FOX News Chicago and Milwaukee. I also have experience developing and implementing wellness programs. I graduated with honors from Purdue University and have a Master of Science from Rush University in Chicago, providing the academic background to be a leader in my field. Traveling to Italy to study their Sustainable Food Systems really focused my approach to whole, real foods that taste great. I am a Minnesota native, and I enjoy cooking, traveling, skiing and have completed multiple full marathons! I serve as the Vice President for the Chicago Food and Nutrition Network, and consult with KBFitness Solutions in Chicago.

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