



Ann Gaba, EdD RD CDN CDE FAND

**Director, Nutrition and Dietetic Internship and
Assistant Professor**

**City University of New York , Graduate School of
Public Health and Health Policy**

Contributing author:

Chapter 24: “Create Video to Maximize Impact”

**Chapter 41: “Nutrition Communicators Publish in Peer-
Reviewed Journals”**

With a distinguished career in clinical practice, followed by more than a decade as a Dietetic Internship Director in the City University of New York, Ann is well versed in communicating evidence-based practice and research information as well as in staying current with educational technology. She brings to this book her experiences in producing educational videos in both clinical and academic settings, along with her history of contributions to the *AND Nutrition Care Manual*, the *HDSA Caregiver Guide for Mid to Late Stage Huntington Disease*, and multiple publications in peer reviewed journals on both clinical nutrition and education topics. Ann adds her educator’s expertise to the chapters she contributed to this book.

What led you to contribute your time and expertise to writing *Communicating Nutrition*?

My experiences in both video production and peer-reviewed publishing, and my own (substantial) learning curve in both of these areas, led me to want to make these easier for others to pursue.

What is the impact you hope this book, and specifically the portion you helped write, has on the profession of nutrition and dietetics?

My hope is that through this book we can share the collective knowledge and experience of the authors to guide members of the profession in effective communication as diet and nutrition experts.

What is one piece of advice you would like to share with current and future nutrition communicators?

There’s a message in the medium. How you choose to share nutrition information also sends a message about you as a communicator, whether it is by a video, a journal article, or any of the means described in this book. Matching the means of communication to your audience is crucial in transmitting your message effectively.

Connect with Ann:

Website: <https://anngaba.commons.gc.cuny.edu/>

Email: Ann.Gaba@sph.cuny.edu

Linkedin: <https://www.linkedin.com/in/ann-gaba-9b461584/>